



Raising awareness

Some questions to explore

- ✧ What is the latest information about physical activity?
- ✧ What is your school doing now?
- ✧ What are the needs of your students, staff and parents?
- ✧ What issues about physical activity exist in your school?

Some suggestions for action

- Conduct staff meetings and parent information evenings to raise awareness. Use the information sheets and professional development activities from section 1 of this resource.
- Review your school's strengths and weaknesses. Examine what is happening in teaching programs and school practices. Use the checklist in this section or the school environment questionnaire in the *NSW Schools Fitness and Physical Activity Survey* to help you do this.
- Conduct a needs analysis across the whole school community to identify issues related to physical activity. Survey students. Survey parents. Identify teachers' concerns and their areas of expertise.
- Conduct staff meetings to identify issues and concerns.
- Send letters to parents inviting them to make comments and suggestions.