



Aim, objectives and outcomes

Aim

The *Crossroads* course aims to help prepare senior students to lead, and contribute to, lives which are healthy and promote social justice.

Objectives

Students will develop knowledge and understanding about:

- establishing and maintaining positive and non-violent relationships
- how drugs can influence aspects of their lives

Students will develop skills in:

- clarifying and acting on a positive set of personal values

Outcomes

Students should be able to:

- analyse how different relationships influence personal identity
- describe and defend those factors that build positive and caring relationships
- identify ways of managing changes in relationships
- describe the rights and responsibilities involved in a range of relationships.
- critically analyse the impact of drug use on the individual and the community
- identify the relationships between drug use and risk behaviours of young people
- describe the role of the individual in responding to a variety of drug issues.

Students should be able to:

- identify those aspects they value about themselves and their lives
- respect the right of others to hold their own values and beliefs
- demonstrate behaviours that model positive attitudes to health.

- communicating and interacting effectively with others
- evaluating and making decisions on issues that affect the health of themselves and others
- accept that as relationships take on different meanings so too do their responsibilities
- demonstrate an ability to change the ways they relate to people as the situation changes
- show respect for the ideas, feelings and contributions of others.
- identify options available to solve difficulties
- predict outcomes and analyse the consequences of personal actions
- determine how they will respond to risk situations involving drug use
- demonstrate how they can seek help for themselves or a friend.

Students will develop:

- strategies for supporting their own identity and worth
- appreciation for and commitment to leading lives which are healthy and promote social justice.

Students should be able to:

- recognise positive aspects of their lives
- appreciate that relationships play an important part in constructing their personal identity
- appreciate the need to reflect on personal actions.
- demonstrate behaviours that value lifestyles associated with minimal and appropriate drug use
- value and appreciate the need to work at maintaining positive relationships in their lives
- challenge discrimination and harassment based on sex, race, marital status, disability (including HIV/AIDS), homosexuality, transgender and age.