



Curriculum K–12 Directorate

PDHPE Unit Fact sheet

Curriculum Support and Professional Learning for K–12 PDHPE teachers in NSW

The main focus of the PDHPE Unit is to support government schools across the State in implementing the NSW Board of Studies PDHPE K–12 syllabuses

Curriculum advice

The PDHPE Unit can offer quick and informal advice to regions and teachers through phone or email about:

- current PDHPE curriculum issues, research and policy
- practical strategies in curriculum implementation, planning, programming and assessing
- materials and resources to support the teaching of PDHPE
- professional learning opportunities.

Ongoing support

We can help set up and support curriculum networks by:

- developing and delivering needs-based workshops and presentations
- reviewing resources and professional learning programs
- providing web-based materials and electronic updates through our email groups.

We also provide advice and collaborate with professional associations, State and Federal government agencies and other Directorates to support teachers of PDHPE in NSW.

2008 focus areas include

- Enhancing physical activity opportunities in PDHPE K–10
- Quality assessment in PDHPE K–10
- Curriculum leadership in PDHPE.

Professional learning workshops K–6

- Fundamental movement skills and physical activity
- *Gold Medal Healthy Lifestyle Program* - funding is offered each year through the School Sports Foundation.

7–12

- Curriculum leadership in PDHPE
- Teaching sexual health
- Engaging students in quality PE lessons
- Innovative ways of assessing in PDHPE.

For information about workshops currently being offered please go to our internet registration site:

<<http://www.curriculumsupport.education.nsw.gov.au/prolearn07/index.htm>>

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Websites

PDHPE K–6
<<http://www.curriculumsupport.education.nsw.gov.au/primary/pdhpe/index.htm>>

PDHPE 7–12
<<http://www.curriculumsupport.education.nsw.gov.au/secondary/pdhpe/index.htm>>

Healthy Kids
<<http://www.healthykids.nsw.gov.au>>